

☰ Understanding your AMS scale result

Your Ageing Males' Symptoms (AMS) score is

0

Understanding your result¹

The overall severity of your symptoms does not suggest testosterone deficiency. However, if you are concerned with your health don't hesitate to contact a doctor.

| Total score | |
|-------------|----------------------|
| ≤26 | No/little complaints |
| 27-36 | Mild |
| 37-49 | Moderate |
| ≥50 | Severe |

Save your results

You may want to save or print your questionnaire and take it to your next appointment and discuss your results with your doctor.

1. Moore C, Huebler D, Zimmermann T, et al. The Aging Males' Symptoms scale (AMS) as outcome measure for treatment of androgen deficiency. *Eur Urol.* 2004;46(1):80–87.